Adventist Health INTERNATIONAL 2019 Annual Report

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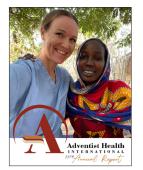
Adventist Health Annual Report

WE are a multinational, nonprofit corporation with headquarters in Loma Linda, California.

WE provide coordination, consultation, management, and technical assistance to hospitals and healthcare services operated by the Seventh-day Adventist Church, primarily in developing countries.

WE believe that every healthcare institution must be firmly rooted in its community with concern for all aspects of development and will pursue policies and programs that accomplish this aim.

WE are committed to the education of local healthcare professionals and encourage the establishment and/or retention of professional training programs whenever appropriate.



ABOUT THE COVER

Danae Netteberg, MD, specializes in obstetrics and gynecology and performs surgeries to repair vesico-vaginal fistulas at Bere Adventist Hospital in Chad.

ahiglobal.org



SCHEER MEMORIAL ADVENTIST HOSPITAL Where it is estimated 1 in 10 or approximately one million women have various stages of uterine prolapse in Nepal, according to Obstetrics & Gynecology. Reports

HOSPITALS & CLINICS

PHILANTHROPY

International

Ukraine

Angelia Clinic becomes

AHI's first international

partner in Europe

Mission School

missionaries and local

Built for children of medical

healthcare professionals serving

at Malamulo Adventist Hospital.

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Biomedical Engineering Program

New education program aims to increase medical equipment utilization in Africa.

It is hard to talk about 2019 when we are in the midst of a 2020 Coronavirus pandemic. But we need to look back beyond the last few months and recall what a year 2019 really was.

L n this issue of our Annual Report you will find stories of our Biomedical training program and other interesting personal accounts of trials and triumphs.

We hope the political challenges at Scheer Memorial Adventist Hospital in Nepal will be solved with a new strategy of registering as a public trust. The major development project at Malamulo Hospital continues apace, with a complete redo of our maternity unit now underway. Additional houses for our residents have been built, and a new primary school for the children of our professional staff opened in September.

Many of our hospitals exist on the edge of the cash economy in their individual countries. This means that most patients struggle to meet even our minimum charges. To provide more financial sustainability, we look for capital projects that we can support from the outside which can subsidize their local budgets. One of these projects we are now exploring are solar systems that can relieve us of the heavy burden of unstable power and reliance on expensive generators and fuel. It will also enable us to maintain the delicate medical instruments so necessary for modern medicine by preventing power surges through the hospital.

hospitals.

Thank you for being part of this great safety net that gives them the confidence and support they need during these challenging times.

Cordially,

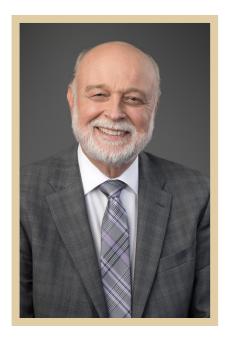


Another challenge at most places is the need for institutional leadership, particularly among the nursing staff. Developing a strong work ethic requires inspired and committed leadership. Our School of Nursing at Loma Linda University is starting another cycle of their off-campus Master of Science in Nursing in Thailand this summer. We would like to sponsor 10-15 of our promising young nurses through this fouryear program to give them the leadership skills to profoundly change the culture inside our

Each of these projects requires funds, for which we depend on you. With the COVID-19 pandemic threatening many of our institutions. we need to remain diligent and supportive. In many places they are desperate for Personal Protective Equipment, as well as financial assistance.

Riland Holant

Richard H. Hart, MD, DrPH, president **ADVENTIST HEALTH INTERNATIONAL**









> BONGO MISSION HOSPITAL, LUANDA & HUAMBO CLINICS

HI sent clinical lab specialist consultants, Ben Siapco, MS, and Eric Aldovino along with ten Loma Linda University School of Allied Health Professions clinical lab science students to Bongo Mission Hospital, located in the bush about an hour from the city of Huambo.

Through the installation of new clinical laboratory equipment and staff training on operation, maintenance and trouble shooting — their sphere of service has now expanded reaching beyond the immediate community.

Installed equipment included a QBC hematology analyzer and Statfax 3300 semi-automated chemistry analyzer. Staff were taught how to identify parasites and amoeba in stool specimens and how to perform urine analysis and screen for Mycobacterium tuberculosis (TB) with regular bleach, which gained attention from government health officials.

"The TB center in Huambo and the Department of Health asked for the detailed procedure of the test intending to adopt it as it is nine times more sensitive than the very expensive screening method they are currently using," Siapco said.

In addition, AHI supported healthcare in Angola in the following ways:

- Sponsored a dental mission trip to Bongo Mission Hospital and provided equipment to help build their operating rooms to obtain hospital certification.
- Hosted monthly Steering Committee meetings to support Angola leadership and develop a Health System Network between the three clinics.



> BERE ADVENTIST HOSPITAL

f group of global health students from Loma Linda University School of Public Health traveled with water well expert, Eric Allah, to AHI site Bere Adventist Hospital in Chad to provide a sustainable clean water source for the surrounding community.

"Research data was collected by School of Public Health alumni," said Marci Andersen, AHI's country representative. "Through this work all the community wells are operational and the majority of them have had their water tested to ensure they are safe to drink."



The students worked in the Bere community to instruct residents on how to create a simple water filtration system using materials that can be sourced locally, which will clean out most of the iron and a good percentage of bacteria, at a cost of less than one dollar per year, according to Andersen.





In many of the wells, the water was found to have a high iron content, although not unsafe to drink, it makes the water have a brownish color and foul taste.





Rees Reiner, MPH, teaches **Community Health** Workers on how to fix the local SDA school's well pump, providing clean water and needed hydration for children.



New GRADE SCHOOL



MALAMULO ADVENTIST INTERNATIONAL SCHOOL

eptember 18 marked the first day of school for six children of medical missionaries and local healthcare professionals serving at Malamulo Adventist Hospital (MAH), in the Southeastern African nation of Malawi. The newly-constructed Malamulo Adventist International Mission School is a 1,774 square-foot, concrete-brick building housing grades kindergarten through six.

The school was built under the management of Aaron Graybill, RN, MPH, a Loma Linda University School of Public Health graduate. He serves as chairman of the Malamulo Adventist International Mission School board in addition to his role as international projects coordinator at Malamulo Adventist Hospital.

Danika Thomas, MA, an Adventist Health International volunteer, specializes in multi-grade teaching and is serving as administrator and teaching principal. She is the wife of pediatrician and medical director of Malamulo Adventist Hospital, Wilson Thomas, MD — a Loma Linda University School of Medicine alumnus and Deferred Mission Appointee.

"Through generous donations from Loma Linda University Medical Auxiliary and Adventist Health International, we were able to build a much-needed American education-style school for the children of our dedicated volunteers and staff," Thomas said.

The Loma Linda University Medical Auxiliary has demonstrated God's love through benevolence and shared service since 1932. The Auxiliary is committed to continuing a heritage of unselfish dedication to service,



meningitis.

Schooling for children is a basic need among parents whether serving abroad or living at home.

- ALICE YEO, PRESIDENT LOMA LINDA UNIVERSITY MEDICAL AUXILIARY





beneficence and healthful living, as well as responding to humanitarian needs in today's changing world. Malamulo was founded in 1902 as a mission outreach of the Seventh-day Adventist Church.

In 1915, Malamulo Mission opened its first clinic, which was later named Malamulo Adventist Hospital. Today it is recognized as one of the leading training hospitals for Malawi and the region — providing quality, caring and Christ-centered healthcare to Malawi's underserved rural population. The 200-bed facility provides preventive healthcare services and specialized clinical care in women's and child's health, infectious diseases, chronic disease and general surgery. Typical cases include pneumonia, malaria, TB, HIV complications, dehydration and

Malamulo Adventist Hospital is supported by Loma Linda University Health's Global Health Institute and managed by Adventist Health International. It was established as a Loma Linda University Health Global Campus in 2011 — giving residents and students of Loma Linda University and elsewhere the opportunity to rotate outside the United States and earn credit for the international rotation. In 2013, the Department of Surgery at Loma Linda University established a two-month surgical resident rotation at MAH, approved

> Textbooks and school supplies were donated by Seventh-day Adventist elementary schools and academies from across California's Inland Empire. The Medical Auxiliary sponsored the shipment of over 1,200 pounds of school supplies and books for the new school.

by the Accreditation Council for Graduate Medical Education (ACGME.) This rotation is incorporated into the standard resident rotation schedule and is the only ACGMEapproved site outside of the United States.

Over the next five years, Loma Linda University Health will collaborate with AHI to establish a second Global Campus in the Americas at Haiti Adventist Hospital in Port-au-Prince, Haiti, and a third in Asia at Scheer Memorial Adventist Hospital in Kathmandu, Nepal.



Ghana Africa

Kenya Africa

Country Report

AFRICA

n 2019, AHI began overseeing five hospital campuses in Ghana. These hospitals are connected with the Adventist South Central Ghana Conference and Valley View University. In this collaboration, AHI formally named Isaiah Gyimah as the AHI-Ghana executive director to assist with day to day management and oversight of these institutions.

KEY SUCCESSES:

- Improved hospital operations supporting significantly increased visits and admissions at each of the Ghana healthcare institutions.
- Governance and management reform that enables more streamlined decision making.
- New Biomedical Engineering Training
 Program will help fix equipment throughout
 Ghana that needs repair.

AHI-Ghana continues to grow and need additional equipment to ensure our healthcare facilities are healthcare beacons for the region. Improving our radiology and laboratory equipment will transform our healthcare institutions and enable us to expand our mission in the regions we serve.



Valley View University - Techiman Hospital Campus



ver the last year, AHI worked with Kendu Adventist Hospital (KAH) board and administration to address governance and accountability. Two AHI representatives, Angela Lalas, MBA, CPA, and Emily Ndlela, MBA, CPA, were added to the KAH board of directors — they attended their first board meeting in November 2019.

AHI identified lab services as an area of opportunity for improved patient care service quality and additional revenue, with the goal of obtaining ISO certification. In support of this initiative, AHI lab specialists made several visits to KAH and trained dedicated lab staff on culture and sensitivity techniques and other microbial procedures to revolutionize the way doctors diagnose and treat infections.

AHI advanced funds to assist in the acquisition of equipment needed for certification. In order to augment leadership, Ben Siapco, MS, secured financial support for a KAH staff member to complete a bachelor's degree in clinical laboratory science. The KAH lab became ISO certified in Spring of 2020 and looks forward to the expansion of their services.

Nigeria Africa

his year saw growth at many of our Northern Nigeria healthcare institutions. Our hospital in Jengre and our clinics in Jos continue to expand and grow in the region. The year was blessed with a visit from Francis Bland, MD, and Daniel Kim, MD, who provided essential healthcare and surgical treatment to patients in Jengre.

KEY SUCCESSES:

- Dr. Francis Bland and Dr. Daniel Kim spent extensive time serving at Jengre Seventh-day Adventist Hospital providing needed surgical services to the community. This visit also brought successful Adventist lifestyle training. Additionally, it provided a strong boost to the financial health and reputation of the hospital.
- Recruited additional Adventist physicians to permanently serve the Northern Nigeria Adventist healthcare institutions.
- Expanded services to support busy Sunday clinics at Jengre SDA Hospital.

Over the coming year, AHI-Nigeria will develop plans for a new hospital in Abuja, Nigeria's capital city. This facility will support the healthcare needs of the rapidly growing city of Abuja and will serve as a conduit of our Adventist healthcare mission to the region.



Malawi Agrica



ay 2019, saw the completed construction of the first two of six homes to be built for the Malamulo Adventist Hospital (MAH) Pan-African Academy of Christian Surgeons (PAACS) post graduate surgical residents.

With support from Adventist Health International, MAH has become a training site for the Loma Linda University-accredited PAACS program, which focuses on training African surgeons to meet the ever-growing surgical needs of the continent. According to PAACS, over 56,000,000 people in Africa are in need of surgical care.

"We handed out the first two sets of keys today," said Ryan Hayton, MD, previous hospital administrator at MAH. "What a celebration of blessing and excitement."

In addition, Hayton says the hospital has planted over 100 trees, grass and hedges to beautify and enrich the grounds surrounding the new housing.

The third home was completed mid-June and the fourth in autumn. Two more houses were constructed at the end of 2019.



New biomedical equipment technician training program aims to increase medical equipment utilization in Africa

2019 saw a cohort of 15 students from Adventist hospitals in 11 African countries begin training.

hen Adventist Health International and other supporting partners donate medical equipment to low-resource regions, like Africa, the absence of a skilled biomedical technician can affect not only the longevity, but the utilization of the equipment.

Medical equipment manufactured in the US, Asia or Europe, is typically designed to work in dust-free, temperature-controlled environments with steady electricity. However, most mission hospitals are subject to power outages, dirt, debris and intense weather. The problem is further compounded by the lack of qualified biomedical technicians to maintain and repair equipment. Before long, these hospitals end up with unusable medical equipment. "Even the best doctors and nurses cannot provide high-quality patient care when diagnostic and treatment equipment isn't working," said Marcos Domingo, MBA, program manager, biomedical engineering at Loma Linda University Health's Global Health Institute and biomedical consultant for Adventist Health International. "Donations of equipment alone don't create sustainable change: training a technical workforce does."

In response to this growing need, AHI partnered with Valley View University in Ghana, to create a sustainable solution for Adventist hospitals in Africa to keep medical equipment functional — a training program that would certify staff members as biomedical equipment technicians (BMET). In the summer of 2019, 15 individuals from 11 countries in Africa began a two-month intensive training program to be held for three consecutive years. Applicants were nominated and sponsored by their respective institutions with the expectation of retaining their employment upon program completion.

The new BMET curriculum includes coursework in technology, physics, database management, life and teachings of Jesus, medical English and equipment repair.

Domingo said at the conclusion of the first training session, students created a social network on WhatsApp, a mobile application that allows users to send text messages, make voice and video calls and share images and documents.

In 2020, the summer program will expand by one month in order to include practical training seminars on clinical laboratory, dental and radiology equipment.

"Through this education program we aim to strengthen our healthcare systems, reduce human suffering and save lives," said Richard H. Hart, MD, DrPH, president of Adventist Health International.

> Students are using WhatsApp to troubleshoot equipment repair – increasing their capacity and strengthening their ability to find sustainable technological solutions.

- MARCOS DOMINGO, MBA BIOMEDICAL CONSULTANT

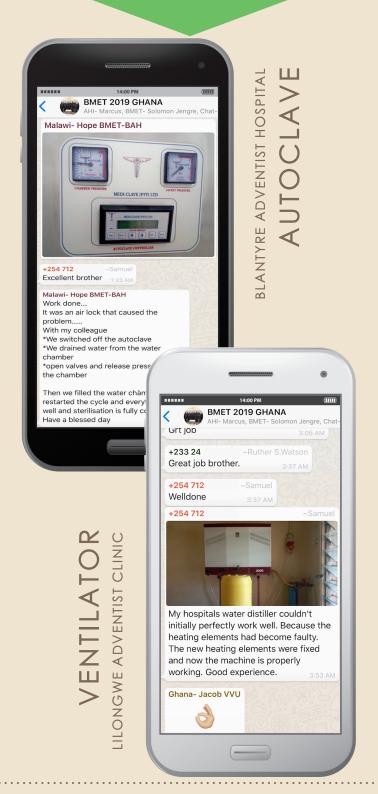


2 Adventist Health INTERNATION

Marcos Domingo, MBA, (left) instructs students from hospitals in Angola, Botswana, Chad, Ghana, Kenya, Liberia, Madagascar, Malawi, Nigeria, Sierra Leone and Zambia.

S WhatsApp

Text messages from the 2019 cohort: They used WhatsApp to create a network of support to troubleshoot machine repair across Africa.





Establishing RESIDENCY PROGRAMS in Africa

Adventist Health International and Loma Linda University Health are partnering with other Christian universities and hospitals throughout Africa and the United States to create a new program to support specialty training for physicians in family medicine, internal medicine and pediatrics in Africa.

uring its second annual meeting in 2019, 28 delegates from the Christian Academy of African

Physicians (CAAP) gathered on the campus of Loma Linda University Health to further develop medical and spiritual curricula and to continue partnerships that support the creation of new Christian primary care training programs for the continent of Africa.

The partnership is similar to the Pan African Academy of Christian Surgeons (PAACS), which supports fivevear surgical residencies at nine Christian hospitals across Africa, including Malamulo Hospital in Malawi, a Loma Linda University Health Global Campus and Adventist Health International site. Loma Linda University has provided academic backing for PAACS — an interdenominational collaboration — for more than a dozen years.

The work of CAAP will focus on four major areas:

- 1. Curriculum review
- 2. Community medicine/public health training
- 3. Accreditation and program support
- 4. Networking and faculty recruitment

Training programs will be offered at several wellestablished mission hospitals in Africa under the direction of experienced, board-certified missionary physicians.

Preliminary sites include Mbingo Baptist Hospital in Cameroon, Bingham University Teaching Hospital in Nigeria, Kabarak University Hospital in Kenya, and Malamulo Adventist Hospital in Malawi.



Honduras Americas > ADVENTIST HOSPITAL VALLEY OF THE ANGELS

he Adventist Hospital Valley of the Angels (HAVA), has made tremendous progress, with new leadership, in the past three years. The 20-bed hospital, along with a city clinic in Tegucigalpa, the capital, offers comprehensive primary care and some surgical services. Located in a beautifully forested location at 5,000 ft elevation, it is now an outpatient and inpatient care hospital and long-term care facility. This patient mix has significantly improved its financial stability. HAVA is implementing expansion plans to increase the number of inpatients and engage in a capital fund raising campaign for this purpose. Its Board is well balanced, with representation from the Church, AHI and an active group of lay professionals who take their governance and caring role for HAVA seriously.

Nicaragua Americas

> NICARAGUA ADVENTIST HOSPITAL

-ound in the northern city of Esteli, about three hours by car from the capital of Managua, this Church-owned hospital sees about 8,000 patients annually in a relatively new, four-story facility that was built in 18 months and completed in 2018. The hospital is led by Dr. Socorro Ubeda, an Adventist anesthesiologist who represents a renaissance of Adventist healthcare work in the country — after many years of being conscripted by a communist government or by working in the shadows. Nicaragua Adventist Hospital is one of only a handful of private hospitals in a country dominated by socialized medicine, with patients coming from northern Nicaragua and neighboring Honduras to receive Christian care.



The hospital offers comprehensive primary care, OBGYN and maternal and surgical services, as well as a well-stocked pharmacy and clinical lab. In the current COVID-19 environment, the hospital is concerned, as the national government excludes it from receiving testing materials. Nonetheless, driven by dedicated leadership, the hospital moves forward with great faith, as it shares with patients its faith-based heritage.





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MISSIONS **BOOT CAMP**

he Missions Boot Camp is a new two-week summer program specifically designed for Deferred Mission Appointees (DMA) and Loma Linda University students interested in longterm international service at Adventist Health International partner sites. It prepares participants for leadership and medical ministry, providing a network of support to solve common issues.

PROGRAM GOALS

The goal is to equip participants with first-hand experience and provide training in a wide variety of topics essential to the successful operation of a mission hospital. Participants developed important relationships with mentors and other students who have similar goals in life, who may face similar challenges.

AREAS OF FOCUS:

- cultural integration
- hospital finance
- administrative leadership
- operating room essentials
- physical plant infrastructure
- practice of medicine in limited resource environments
- spiritual ministry



Held at Haiti Adventist Hospital, nine attended the 2019 Missions Boot Camp.

HaitiAmericas

> HAITI ADVENTIST HOSPITAL



> Dennis Donovan. AHI's newest construction consultant worked with a local team to have new cabinets built and painted for the pathology laboratory and staff housing at Haiti Adventist Hospital in Port-au-Prince.



DENNIS DONOVAN CONSTRUCTION CONSULTANT

First Community Stroke Recovery Class **Empowers Patients to be More Independent**

n late April, Haiti Adventist Hospital (HAH) in Portau-Prince, held its first stroke community class to empower patients in their ability to be more independent in performing everyday tasks.

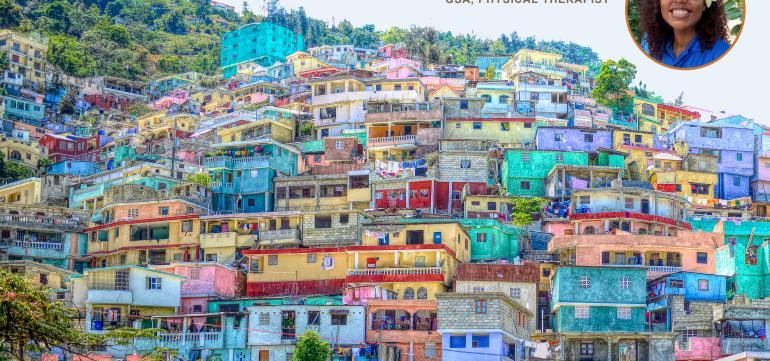
Classes were led by Irma Henry, DPT, a Global Service Awardee (GSA) and AHI volunteer physical therapist at HAH.

Henry says that after a stroke, everyday tasks like washing clothes, gardening and making meals can be a huge struggle. "In this new program, we have designed activities to increase patients' capacity for skills needed to live a normal life," said Henry.

Twice a month, community members who are in stroke recovery may attend free classes.

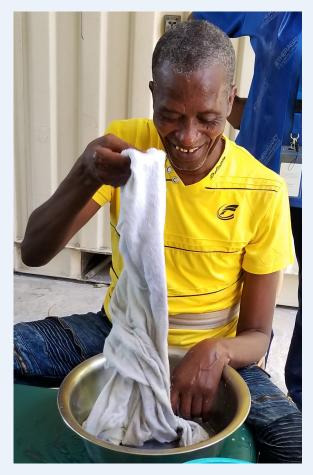
I am at the halfway point of my service here in Haiti and I have seen God work in so many small and big ways. These classes have been one of the big ways.

- IRMA HENRY. DPT **GSA. PHYSICAL THERAPIST**



"











> KIEV, UKRAINE

ANew CONNECTION TO EASTERN EUROPE



TOP: Serhii Serdenyuk, MD, (center) head therapist, with Angelia staff. BOTTOM: Exterior of Angelia Clinic.

> ANGELIA CLINIC

Established in 2016, in Kiev, Ukraine, Angelia Clinic is a modern, well-equipped clinic for the whole family. Here they believe that health is a precious gift that must be preserved. Doctors are experienced professionals who apply the best modern treatment techniques and are constantly improving their skills in collaboration with Loma Linda University Health, through Adventist Health International.

"The peculiarity of the Angelia Clinic is that all members of our team lead a healthy lifestyle," said Yury Bondarenko, MD, psychiatrist and hospital administrator for Angelia Clinic. Dr. Bondarenko immigrated from Russia with his family to serve in this current role.

.....

Angelia Clinic services are mostly outpatient, though they have six patient beds currently dedicated to psychiatric care. The clinical services include family medicine, narcology, dentistry, physiotherapy and many more. Nearly 300 patients are seen per month.

By DP HARRIS, PhD

Angelia Clinic joined AHI in order to establish solid governance and administrative practices in addition to taking advantage of learning opportunities afforded AHI hospitals through the Global Health Institute and the annual conferences. Angelia Clinic became an AHI hospital soon after they opened.



LEFT: DP Harris, PhD, AHI's country representative for Ukraine and Yury Bondarenko, MD, (center) recognized staff birthdays and celebrated a successful board meeting. RIGHT: Community members from Ukraine, Bulgaria and Romania attend healthcare fairs and mental health clinics.



Benefits of AHI membership were immediately apparent. There were already active US-based supporters of Angelia Clinic, but the AHI connection gave these donors means to safely donate and fund key projects, including dental chairs and OBGYN equipment.

AHI's Development Fund enabled Angelia Clinic to purchase ultrasound equipment, accomplishing the following:

1. Increase new patients -

One sonography specialist can examine at least 16 patients per day.

2. Increase of repeat patients -

When patients know they can get more services in one place, they will return to a good medical center with kind doctors and various patient services.

3. Expand gynecology services -

Together with sonography, start **OBGYN** outpatient services, which will be much more effective with ultrasonography exams.

4. Increase free clinic activity -Offering several hundred diagnostic checkups every year.





Besides an increase in revenue, the portable ultrasound has been instrumental for diagnostic purposes both in the Kiev clinic and on various mission trips. Through donations and additional income, Angelia Clinic was able to repay this loan and replenish the funds so that they are available for other needs. The ultrasound continues to provide reliable and productive service for the clinic.

FROM ANGELIA TO EASTERN EUROPE

Your support of AHI's work in countries like Ukraine, enable healthcare work that extends beyond the local community and into neighboring countries.

In addition to the great work that the staff do in Kiev, the Angelia Clinic health professionals have active international mission projects to other countries in Eastern Europe. The team provides counseling and psychiatric care in and around the war-torn region of Crimea and also travels to neighboring Bulgaria and Romania offering health fairs and clinics.

In a recent visit to the Donetsk region, the team provided 294 services to 165 patients, and ministered to the community by handing out Christmas gifts to its children.



BHAKTI MAYA SUNWAR EXPRESSED TEARS OF JOY WHEN SHE WAS ASKED WHAT IT MEANT TO HER TO RECEIVE A PELVIC ORGAN PROLAPSE SURGERY.

Nepal Asia > SCHEER MEMORIAL ADVENTIST HOSPITAL

t age 62, Bhakti Maya Sunwar has struggled with

progressive uterine prolapse for 16-years. "I am

so thankful to the hospital for fixing my problem,"

Bhakit said. "For years, I have had pain – both

The sad reality is that her story isn't unique. It is estimated

that 1 in 10, or approximately one million women, have

various stages of uterine prolapse in Nepal according to *Obstetrics & Gynecology*. It is because of the global

partnerships with organizations in the United States,

Netherlands and Australia that we are able to help women

Bhakti is a mother to six children of which two died at age 7 and 18. She has been a widow for 18-years; her son and

daughter care for her now. She comes from the hilly farming

southeast of Scheer Memorial Adventist Hospital (SMAH.)

properly, every step was painful. She was incontinent and to

void urine, she would have to manually reduce the prolapse

community of Sinduli, approximately a four-hour drive

Bhakti's prolapse was so severe that she couldn't walk

A few weeks ago, she heard that SMAH was offering a

free surgical camp for prolapse. Hoping that she might be

a chosen candidate, she submitted her name. An in-field

it was confirmed by the gynecology team that surgery and

Lynda Kithil, retired operating room nurse from Denver,

Colorado, has had a decade of experience helping women on the opposite side of the world. "I come to Nepal to care

for these wonderful ladies who need treatment," Lynda said.

"It has made me more compassionate for people as I have

I have lived in Nepal for two years as a Deferred Mission

Appointee (DMA) and met Lynda during my first week at the

hospital. While she was talking to me this time, Lynda with

joy in her voice said, "I also serve because I like to see the

learning that takes place between the visiting physician and

heard stories like Bhakti's repeated over and over."

screening by a partner organization identified her as having a severe prolapse. She was brought to SMAH and

to facilitate emptying of her bladder.

treatment were required.

the Nepali physician."

physical and emotional."

like Bhakti.

My response was, you must have observed something special during this trip? "Yes, I did," exclaimed Lynda. Dr. Sunmee Lee, obstetrician and gynecologist and vicepresident of specialty care at Centura Health Physician Group, was sitting with Lynda while we were talking — she was grinning. She joined our conversation, "Jonathon, it worked!" Dr. Lee proceeded to explain, "We came with the goal of partnering with the local surgeons to build skill sets."

She actively taught the surgical procedures during the first two days of operating and surgeons watched very closely. Together they successfully completed the vaginal hysterectomy. "This truly followed the medical education mantra of 'see one, do one, teach one," said Dr. Lee.

As an administrator, my heart couldn't be happier. The hospital's mission statement reads, "To provide compassionate, patient-centered care, to international standards, for all patients regardless of the ability to pay." We nailed it! A patient, who desperately needed help and couldn't afford it, came to the hospital and received the care she required. A Nepali doctor with a desire to improve her skills, observed the surgeries, learned, and then performed it with the help of a Nepali colleague who had a little more experience yet still needed the back up of an expert. Dr. Lee was able to coach through the challenging and critical steps of the procedure.

G Truly, it takes a global network of supporters to assist a small hospital in the middle of Asia.

In the shadows of the tallest mountains of the world, a population of women struggle with a painful, deeply personal physical problem. They are victims of a culture and society that demands extremely hard labor from women. These women – incredibly strong – suffer immensely. I am thankful we can alleviate the suffering one life at a time.

- JONATHON THORP, MD, MBA DMA, CHIEF OPERATING OFFICER SCHEER MEMORIAL ADVENTIST HOSPITAL



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DENTAL AROUND THE GLOBE



Many of the 120 Adventist dental clinics around the globe benefit from AHI collaboration. These tend to be busy practices, providing quality care for discerning patients and basic-free care to the poverty-stricken. In addition, the clinics provide screening, dental education and other community services. These effective methods, in the hands of the various professional teams, convey God's concern and love to His children.



Baraka Adventist Dental Clinic > CHAD, AFRICA

n the city of N'Djamena, capital of Chad, is a small dental clinic, which has grown from one man's vision, over several years. With the help of a young volunteer from Mexico, Isaac Escolastico, DDS, the clinic is approaching sustainability. Unfortunately, the facility is located in a maze of dirt streets that is remote from the clientele that could easily make it a vibrant practice. There is so little real competition in the capital city that the clinic could be very successful but there is a significant investment to relocate it.

The clinic has seen an increase in the number of patients and was finally able to pay its employees and buy necessary materials. However, a visit from a government tax collector revealed accumulated debt, accompanied by an increase in rental fees and fluctuating electrical service from a deficient generator, leaving the future of the clinic in doubt.

A dental practice attracts 10-16 patients each day, which means about 2,000 people each year are influenced by the compassion, skill and witness of each dedicated dental professional. These dentists are quietly working day in, day out, with their fellow teammates. They are productive and effectively care for, and witness to, their patients and communities.





St. Kitts Adventist Dental Clinic > ST. KITTS, AMERICAS

ukaris Anugerah, DDS, graduated from Loma Linda University School of Dentistry in 1990. After 20 years of private practice in Pennsylvania he reported, "We have enjoyed private practice and God has been good to us, we have worked very hard and lived the "American Dream, now we want to live a life of service."



Lusaka Adventist Dental Services

> ZAMBIA, AFRICA

/esley Arnold, DDS, Deferred Mission Appointee (DMA), and his wife Briana moved to Lusaka, Zambia after his graduation from the Loma Linda University School of Dentistry, three years ago. Since the Arnolds arrival, they have been instrumental in making Lusaka Adventist Dental Services (LADS) flourish.



After about three years at Davis Memorial Hospital, they were asked to go to St. Vincent to revive a failing clinic. Faithfully, in less than three years, they have built a practice that has proved to be a strong and stable institution that is very influential and productive. It provides significant financial support to the local Union.



Kanye Adventist Hospital > BOTSWANA, AFRICA

on Walker, DDS, and Jasmine Walker, MD, are Loma Linda University graduates and Deferred Mission Appointees (DMAs) who were asked to go to Botswana to practice dentistry and pediatric medicine at Kanye Adventist Hospital. The year 2019 has been a transition year during which they moved to the Adventist Clinic on the Island of Guam. The Walkers welcomed a baby boy in April of 2020.

- ALBIN GROHAR, PhD PHILANTHROPIC SERVICES



Ithough this annual report reviews AHI's activities during 2019, as we write, we are in the midst of a global COVID-19 pandemic. If is difficult to be oblivious of these circumstances, especially when these may significantly affect the operations, and in some cases, the very survival of some of our overseas entities. Although the pandemic has yet to fully impact some of the AHI hospitals and clinics, we are already hearing desperate voices from some of our sites. We will more fully delve into this as we write the annual report for 2020. Our prayers continue for our hospitals' staff, for their safety and health, and wisdom in dealing with the crisis that will surely reach their doors. The crisis being acknowledged, we also note our enthusiasm and overwhelming gratitude to the many individual and organizational donors — nearly 500 — demonstrated their loyalty by supporting AHI hospitals during 2019. Total financial contributions during the year were close to \$1.9 million.

These monies are not an abstraction. AHI donors enable compassionate and quality healthcare to one million patients annually around the globe. Donors and health care staff, in tandem, provide services under a banner of extending Christ's healing ministry.

Hands down, each contribution Adventist Health International receives is of significance.

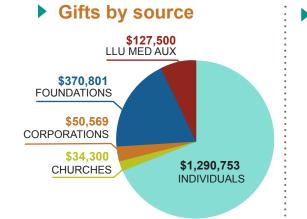
The first meaningful work on philanthropy was written by Harold Seymour, some 60 years ago. In his book, Seymour wrote about the spirit that catalyzes individuals, even children, to give. Significant giving is ultimately not about tax avoidance or advantage, not about namings or quid pro quos. When people give of their means, they give us pieces of their very souls. In that context, Seymour alluded that the "vineyards" of philanthropy are luxuriant. *Thank you for this, to each of you, our AHI contributors.*

- Donors' giving consistency is inspiring. There's a 90% correlation between donors who give in any year and the next. This holds true across many years.
- We're pleased that Versacare, a private foundation in Riverside, California, continues its formal partnership with AHI in support of overseas hospitals. In 2019, it granted \$150,000.
- The Loma Linda University Medical Auxiliary, a group of volunteers who raise funds in support of hospitals at which Loma Linda medical alumni work, provided \$127,500. The Auxiliary continues its unceasing fundraising work.
- While many contributions come to AHI from Seventh-day Adventist donors — who understand our hospitals' mission and histories — all contributors show a spirit of selfless compassion and caring.
- We note that during AHI's 23 year history, donors have contributed more than \$23 million.



OF PHILANTHROPY

Philanthropic SUMMARY



PHILANTHROP

Gift summary

Number of Gifts	1,055
Number of Donors	484
Average Gift	\$1,776
Average/Donor	\$3,872
Largest Gift	\$150,000
Smallest Gift	\$10

	Phila	nthropic	gifts	1997-2019
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2019		\$1,873,923
2018		\$3,226,137
2017		\$1,901,445
2016		\$1,811,520
2015		\$1,744,849
2014		\$2,322,757
2013		\$1,362,849
2012		\$1,017,039
2011		\$1,058,086
2010		\$1,758,109
2009		\$1,230,718
2008		\$1,113,694
2007		\$721,530
2006		\$1,376,529
2005		\$966,865
2004		\$841,589
2003		\$549,639
2002		\$459,775
2001		\$343,946
2000		\$135,766
1999	<u> </u>	\$86,881
1998		\$236,022
1997		\$7,275

Kenya Liberia Malawi Mozambique \$103,500 Nepal Nicaragua Nigeria Rwanda Sierra Leone \$226,461 Ukraine Venezuela Zambia Total



Support by program

\$21.500 \$2,000

\$158,905

\$39,950

\$10,175

\$37.450

\$75,561

\$57.463

\$3,700

\$21.600

\$34,412

\$20,000

\$11,000

\$7.320

\$28,070

\$1,100

\$509.192

\$1.873.923

\$474,730

\$518.026

\$500

Angola

Belize

Chad

Congo

Ethiopia

General

Guyana

Honduras

Haiti

Cameroon

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YOU AND YOUR **CONTINUED SUPPORT** | corporations.

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Azure Hills SDA Church Forest Falls SDA Church North Glacier SDA Church Sandstone Chapel SDA Church Fairmont SDA Church

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ADRA Denmark AdventHealth Applied Statistics and Management Inc. Columbia Union Conference Dads Married to Doctors Dalton Dean Self Professional Corporation Elijah Radio, Inc. Family Office Foundation, Inc. Family Tree Realty & Investments, Inc. Global Health Institute Harmon Construction Company Heavenly Leaves Ministries Loma Linda University, Office of Accounting Lyons Huber Anesthesia Medical Auxiliary, School of Medicine Alumni Association Napa Valley Community Foundation Students for International Mission Service The Coto Foundation The Doss Foundation The Grammar School at Leeds Three Angels Broadcasting Network Versacare. Inc. Winifred L. Stevens Foundation, Inc.



Adventist Health International is committed to utilizing philanthropic gifts in the manner donors desire.

Occasionally, conditions in the field may alter program goals or activities. If this occurs, AHI will redirect funds to similar projects.

Victor Aagaard Douglas Abbott Ketaki Abhvankar Stanlev W. Adams Sylvia J. Ahn Janet Aldea Nelda Allan Margaret Allen Michael Ameres Donald R. Ammon Michael Andersen James Andersen Amv K. Anderson Gladys I. Appel Gabriel Asumeng Judy Ayars Mary E. Baird J. Peter Baker Leif K. Bakland Katrina Ball Tiffanv Bartsch Peter Bath Shana Beery Gary Beihl Pamela Bellette Elizabeth Bertrand Ozlem Bilgen Amy Black Lauren Blake Danilo Boskovic Elizabeth Bossert Emily A. Brandt Michael Brandt Carroll V. Brauer **Emery Brautigan** Jovce Brown Martha E. Brown Julie Bryson

WE DEEPLY APPRECIATE | our work is made possible only through the generous support of individuals, organizations, churches and

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opportunities

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ahiglobal.org/volunteer

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STATEMENT OF FINANCIAL POSITION

ASSETS	12/31/2019 (unaudited)	12/31/2018 (audited)
Cash and Cash Equivalents	\$4,007,684	\$4,213,850
Other Receivables	65,478	93,636
Other Current Assets	100,000	100,000
Other Assets	134,856	84,470
Total Assets	\$4,308,018	\$4,491,956
LIABILITIES & NET ASSETS		
Accounts Payable	\$241,872	\$160,825
Deferred Grant Income	630,944	1,302,276
Other Current Liabilities	26,502	6,191
Total Liabilities	\$899,318	\$1,469,291
NET ASSETS		
Without Donor Restrictions	\$455,046	\$396,556
With Donor Restrictions	2,953,654	2,626,108
Total Net Assets	\$3,408,701	\$3,022,664
Total Liabilities & Net Assets	\$4,308,018	\$4,491,956

STATEMENT OF FINANCIAL ACTIVITY

For the fiscal year ending December 31, 2019 & 2018

SUPPORT & REVENUE	2019 Total	2018 Total
Contributions	\$2,635,806	\$1,759,867
Interest Income	124,880	110,737
Other Income	143,798	77,920
Total Support & Revenue	\$2,904,484	\$1,948,523
EXPENSES International Programs	\$2,067,048	\$1,364,747
General & Administrative	429,766	486,468
Fundraising	21,634	12,094
Total Expenses	\$2,518,447	\$1,863,309
Change in Net Assets	\$386,036	\$85,215
Beginning Net Assets	\$3,022,664	\$2,937,450
Ending Net Assets	\$3,408,701	\$3,022,664



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SERVED ABROAD

Numbers

Outreach

AHI

30 Adventist Health INTERNATIONAL

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PHILANTHROPIC SERVICES Albin H. Grohar, PhD

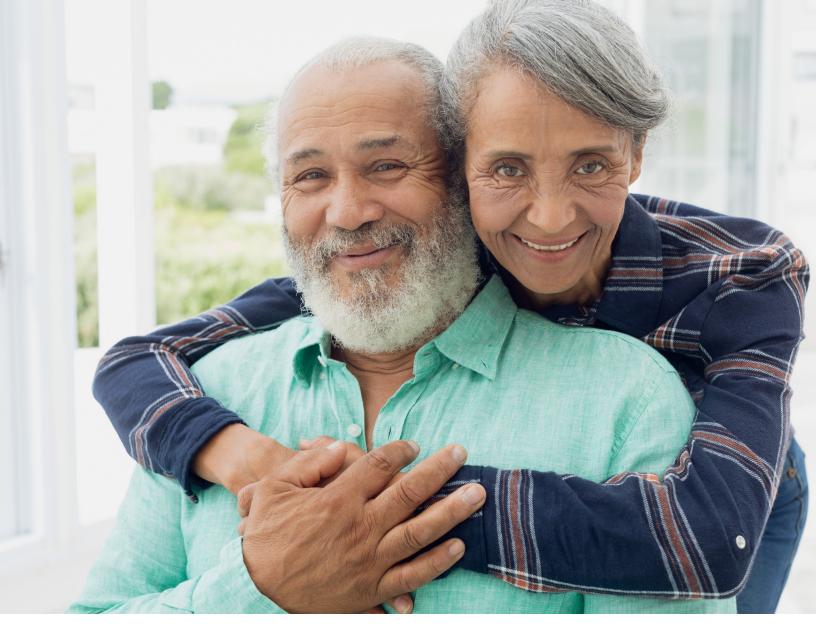
PUBLIC RELATIONS DonaJayne Potts, MBA

VOLUNTEER COORDINATOR Angeli Yutuc, MPH

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2019 ANNUAL REPORT 31



Your legacy...

can be the spiritual and physical health of patients around the globe

By including Adventist Health International in your will, trust, or beneficiary designation, you can pass on your love for global healthcare work and improve the lives of thousands of patients worldwide.



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